

Upper Extremity Myoelectric Prosthetic Devices

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[➔ Instructions for Use](#)

Table of Contents	Page
Application	1
Coverage Rationale	1
Documentation Requirements	2
Definitions	3
Applicable Codes	3
Description of Services	5
Benefit Considerations	6
Clinical Evidence	6
U.S. Food and Drug Administration	10
References	10
Policy History/Revision Information	11
Instructions for Use	12

<p>Related Commercial/Individual Exchange Policy</p> <ul style="list-style-type: none"> Lower Extremity Prosthetics
<p>Community Plan Policy</p> <ul style="list-style-type: none"> Upper Extremity Myoelectric Prosthetic Devices
<p>Medicare Advantage Coverage Summary(ies)</p> <ul style="list-style-type: none"> Durable Medical Equipment (DME), Prosthetics, Corrective Appliances/Orthotics (Non-Foot Orthotics), Nutritional Therapy, and Medical Supplies Grid

Application

UnitedHealthcare Commercial

This Medical Policy applies to all UnitedHealthcare Commercial benefit plans.

UnitedHealthcare Individual Exchange

This Medical Policy applies to Individual Exchange benefit plans in all states except for Colorado.

Coverage Rationale

[➔ See Benefit Considerations](#)

An upper extremity Myoelectric Prosthetic for amputations above the wrist is proven and Medically Necessary in certain circumstances; for medical necessity clinical coverage criteria, refer to the InterQual® CP: Durable Medical Equipment, Prosthetics, Myoelectric, Upper Extremity, Above the Wrist (Custom) - UHG.

Click [here](#) to view the InterQual® criteria.

An upper extremity Myoelectric Prosthetic hand, partial-hand, or artificial digit(s) for amputations below the wrist is Medically Necessary when the following criteria are met:

- Member has a traumatic or surgical amputation below the wrist or a congenital missing or dysfunctional hand or finger; and
- Prosthetic replaces all or part of a missing limb; and
- Prosthetic will help the member regain or maintain function; and
- Member is evaluated for his/her individual needs by a healthcare professional with the qualifications and training to make an evaluation under the supervision of the ordering physician; and
- Member is willing and able to participate in the training for the use of the prosthetic; and

- Member is able to operate the stimulator of the computerized prosthetic or microprocessor; and
- Functional assessment (including Activities Of Daily Living (ADLs) and Instrumental ADLs (IADLs)) evaluation and expected rehabilitation potential; and
- Remaining musculature of the arm(s) contains the minimum microvolt threshold to allow operation of a Myoelectric Prosthetic Device (usually 3-5 muscle groups must be activated to use a computerized hand), no external switch; and
- Ordering physician authorizes the final prosthetic proposal

Myoelectric Prosthetic components for hand, partial-hand, and artificial digits below the wrist are considered not Medically Necessary in members who do not meet the criteria above.

Documentation Requirements

Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The documentation requirements outlined below are used to assess whether the member meets the clinical criteria for coverage but do not guarantee coverage of the service requested.

HCPCS Codes*	Required Clinical Information
Upper Extremity Myoelectric Prosthetic Devices	
L6026 L6621 L6696 L6697 L6881 L6882 L6884 L6925 L6935 L6945 L6955 L6975 L7007 L7008 L7009 L7045 L7180 L7181 L7190 L7191	Medical notes documenting the following, when applicable: <ul style="list-style-type: none"> • Vendor coversheet with a narrative describing the request • Vendor invoice listing the HCPCS codes, make, model, and description, and indicate if the item is right or left; include, make, model, and pricing for unlisted codes • Other healthcare professional notes if applicable (i.e., occupational therapist) • Current prescription • Professional qualification and training of the healthcare professional who performed the member evaluation • Physician office notes including documentation of: <ul style="list-style-type: none"> ○ History related to the prosthetic request ○ Co-morbidities ○ Specify absent limb including the date, level and etiology of amputation ○ Documentation of handedness ○ Physical examination to include residual limb length and limb volume stability, skin integrity of residual limb, examination of contralateral limb, manual muscle testing and ROM examination ○ Describe limitations to activities of daily living (ADLs) and instrumental ADLs (IADLs) without the prosthetic ○ Prosthetist notes to include medical justification for each of the requested prosthetic components; also, if applicable, documentation should include a description of the current prosthesis with the age and components of the current prosthetic arm ○ Motivation to use device ○ Member ability to tolerate prosthetic weight ○ Member willingness and ability to participate in the training for the use of the prosthesis (i.e., prosthetic rehabilitation) ○ Member cognitive ability to operate prosthetic ○ Reason myoelectric device is being requested ○ Microvolt threshold and outcome of myotesting results ○ Environment in which the device will be used ○ Outcome of myoelectric prosthetic testing device ○ Member ability to access services and care related to prosthetic • Specify whether the prosthetic is an initial, replacement, preparatory, or definitive, or a request to upgrade • Rehabilitation plan • Final prosthetic proposal from ordering physician • For replacement prosthesis, also include: <ul style="list-style-type: none"> ○ Age of the current prosthesis

HCPCS Codes*	Required Clinical Information
Upper Extremity Myoelectric Prosthetic Devices	
	<ul style="list-style-type: none"> ○ Reason for replacement ○ Estimated cost of adjustment or repair if applicable ● For a socket replacement include age of the current socket, reason for replacement, and comparative residual limb measurements showing a change in residual limb size and what adjustments have been made to the current socket to improve fit

*For code descriptions, refer to the [Applicable Codes](#) section.

Definitions

Activities of Daily Living (ADLs): Basic tasks people need to do to function and interact such as bathing, grooming, dressing, toilet use, eating, and physical ambulation. (Mlinac and Feng, 2016, Edemekong et al., 2022)

Instrumental Activities of Daily Living (IADLs): A higher cognitive and complex activity related to independent living such as shopping, transportation, meal preparation, housecleaning, managing finances and managing medications. (Mlinac and Feng, 2016, Edemekong et al., 2022)

Medically Necessary: Health care services that are all of the following as determined by us or our designee:

- In accordance with Generally Accepted Standards of Medical Practice.
- Clinically appropriate, in terms of type, frequency, extent, service site and duration, and considered effective for your Sickness, Injury, Mental Illness, substance-related and addictive disorders, disease or its symptoms.
- Not mainly for your convenience or that of your doctor or other health care provider.
- Not more costly than an alternative drug, service(s), service site or supply that is at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of your Sickness, Injury, disease or symptoms (Certificate of Coverage 2018)

Myoelectric Prosthetic: A prosthetic device operated by battery-powered electric motors that are activated through electrodes by the myoelectric potentials provided by muscles (Medical Dictionary).

Prosthesis: A man-made substitute for a missing body part (American Cancer Society®).

Prosthetist: A healthcare professional who makes and fits artificial limbs (prostheses) for people with disabilities. This includes artificial legs and arms for people who have had amputations due to conditions such as cancer, diabetes, or injury (John Hopkins Medicine).

Applicable Codes

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

CPT Code	Description
Upper Limb Prosthetics	
L6026	Transcarpal/metacarpal or partial hand disarticulation prosthesis, external power, self-suspended, inner socket with removable forearm section, electrodes and cables, two batteries, charger, myoelectric control of terminal device, excludes terminal device(s)
L6611	Addition to upper extremity prosthesis, external powered, additional switch, any type

CPT Code	Description
Upper Limb Prosthetics	
L6621	Upper extremity prosthesis addition, flexion/extension wrist with or without friction, for use with external powered terminal device
L6629	Upper extremity addition, quick disconnect lamination collar with coupling piece, otto bock or equal
L6632	Upper extremity addition, latex suspension sleeve, each
L6677	Upper extremity addition, harness, triple control, simultaneous operation of terminal device and elbow
L6680	Upper extremity addition, test socket, wrist disarticulation or below elbow
L6682	Upper extremity addition, test socket, elbow disarticulation or above elbow
L6686	Upper extremity addition, suction socket
L6687	Upper extremity addition, frame type socket, below elbow or wrist disarticulation
L6688	Upper extremity addition, frame type socket, above elbow or elbow disarticulation
L6694	Addition to upper extremity prosthesis, below elbow/above elbow, custom fabricated from existing mold or prefabricated, socket insert, silicone gel, elastomeric or equal, for use with locking mechanism
L6695	Addition to upper extremity prosthesis, below elbow/above elbow, custom fabricated from existing mold or prefabricated, socket insert, silicone gel, elastomeric or equal, not for use with locking mechanism
L6696	Addition to upper extremity prosthesis, below elbow/above elbow, custom fabricated socket insert for congenital or atypical traumatic amputee, silicone gel, elastomeric or equal, for use with or without locking mechanism, initial only (for other than initial, use code I6694 or I6695)
L6697	Addition to upper extremity prosthesis, below elbow/above elbow, custom fabricated socket insert for other than congenital or atypical traumatic amputee, silicone gel, elastomeric or equal, for use with or without locking mechanism, initial only (for other than initial, use code I6694 or I6695)
L6698	Addition to upper extremity prosthesis, below elbow/above elbow, lock mechanism, excludes socket insert
L6715	Terminal device, multiple articulating digit, includes motor(s), initial issue or replacement
L6880	Electric hand, switch or myoelectric controlled, independently articulating digits, any grasp pattern or combination of grasp patterns, includes motor(s)
L6881	Automatic grasp feature, addition to upper limb electric prosthetic terminal device
L6882	Microprocessor control feature, addition to upper limb prosthetic terminal device
L6883	Replacement socket, below elbow/wrist disarticulation, molded to patient model, for use with or without external power
L6884	Replacement socket, above elbow/elbow disarticulation, molded to patient model, for use with or without external power
L6890	Addition to upper extremity prosthesis, glove for terminal device, any material, prefabricated, includes fitting and adjustment
L6925	Wrist disarticulation, external power, self-suspended inner socket, removable forearm shell, otto bock or equal electrodes, cables, two batteries and one charger, myoelectronic control of terminal device
L6935	Below elbow, external power, self-suspended inner socket, removable forearm shell, otto bock or equal electrodes, cables, two batteries and one charger, myoelectronic control of terminal device
L6945	Elbow disarticulation, external power, molded inner socket, removable humeral shell, outside locking hinges, forearm, otto bock or equal electrodes, cables, two batteries and one charger, myoelectronic control of terminal device
L6955	Above elbow, external power, molded inner socket, removable humeral shell, internal locking elbow, forearm, otto bock or equal electrodes, cables, two batteries and one charger, myoelectronic control of terminal device

CPT Code	Description
Upper Limb Prosthetics	
L6975	Interscapular-thoracic, external power, molded inner socket, removable shoulder shell, shoulder bulkhead, humeral section, mechanical elbow, forearm, otto bock or equal electrodes, cables, two batteries and one charger, myoelectronic control of terminal device
L7007	Electric hand, switch or myoelectric controlled, adult
L7008	Electric hand, switch or myoelectric, controlled, pediatric
L7009	Electric hook, switch or myoelectric controlled, adult
L7045	Electric hook, switch or myoelectric controlled, pediatric
L7180	Electronic elbow, microprocessor sequential control of elbow and terminal device
L7181	Electronic elbow, microprocessor simultaneous control of elbow and terminal device
L7190	Electronic elbow, adolescent, variety village or equal, myoelectronically controlled
L7191	Electronic elbow, child, variety village or equal, myoelectronically controlled
L7259	Electronic wrist rotator, any type
L7360	Six-volt battery, each
L7364	Twelve-volt battery, each
L7366	Battery charger, twelve volt, each
L7367	Lithium-ion battery, rechargeable, replacement
L7368	Lithium-ion battery charger, replacement only
L7400	Addition to upper extremity prosthesis, below elbow/wrist disarticulation, ultralight material (titanium, carbon fiber or equal)
L7401	Addition to upper extremity prosthesis, above elbow disarticulation, ultralight material (titanium, carbon fiber or equal)
L7403	Addition to upper extremity prosthesis, below elbow/wrist disarticulation, acrylic material
L7404	Addition to upper extremity prosthesis, above elbow disarticulation, acrylic material
L8465	Prosthetic shrinker, upper limb, each

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Description of Services

A Prosthesis is an artificial device used to replace all or part a missing body part and is intended to restore normal function. Meier and Melton (2014) identify the most common levels of amputations for the upper limb are the transradial (TR) (below elbow, BE) and the transhumeral (TH) (above elbow, AE). The Prosthesis is a tool that helps the single-limb amputee gain functional independence. Ideally, upper limb unilateral amputees should be able to accomplish things such as wearing the prosthetic during waking hours, perform basic ADLs, and return to work whenever possible.

Upper limb Prosthesis can be classified into four categories of Prosthesis:

- Passive Prosthesis is the lightest of all the Prosthesis and often termed as cosmetic. It has no motors and contains limited mechanical features.
- Body-powered Prosthesis comes from the patient's movements and utilizes a body harness and strap which connects to a cable system that operates the device. Advantages include lightweight, durable and may be waterproof; disadvantages include a required harness, strength and range of motion capability from user.
- Externally powered Prosthesis is powered by batteries contained within the system and controlled by EMG signals, force-sensing resistors, and pull/push switches and most often reserved for high-level amputees. Advantages include little or no harnessing of the device, generate more force and appear more cosmetic; disadvantages include battery life and daily charging, not waterproof, more complex and therefore prone to breakage and repair.

- Hybrid Prosthesis combines body-powered components and myoelectric/externally powered components in one device. This type of Prosthesis is most commonly used by transhumeral and shoulder disarticulation amputees and reserved for high-level amputees.

(National Academies of Sciences, Engineering, and Medicine; 2017)

Benefit Considerations

Prosthetic Devices

An initial or replacement prosthetic device is a covered health care service when all of the following criteria are met:

- The prosthetic device replaces a limb or a body part, limited to:
 - Artificial arms, legs, feet, and handsand
- The prosthetic device is [Medically Necessary](#), as defined in the member's specific benefit plan document; and
- The prosthetic device is not subject to a coverage exclusion in the member's specific benefit plan document.

Benefits are provided only for external prosthetic devices and do not include any device that is fully implanted into the body. Internal prosthetics are a covered health care service for which benefits are available under the applicable medical/surgical covered health care service categories in the certificate.

If more than one prosthetic device can meet the member's functional needs, benefits are available only for the prosthetic device that meets the minimum specifications for the member's needs. If the member purchases a prosthetic device that exceeds these minimum specifications, payment will only be the amount that would have been paid for the prosthetic that meets the minimum specifications, and the member will be responsible for paying any difference in cost.

Exclusions and Limitations

- Devices used as safety items or to help performance in sports-related activities.
- Repair or replacement of prosthetic devices due to misuse, malicious damage or gross neglect or to replace lost or stolen items.

Clinical Evidence

Carey et al. (2015) conducted a systematic review to identify evidence statements regarding the differences between myoelectric (MYO) and body-powered (BP) prosthesis in persons with upper limb amputations. A search was conducted using PubMed, CINAHL, RECAL Legacy, Cochrane Database of Systematic Reviews, Cochrane Clinical Trials Registry, EMBASE, PMC-NIH Research Publication Database, Web of Science, and Google Scholar. A total of 31 articles were found which spanned from 1993 to 2013, with most of the publications occurring in 2012. The median subject size was 12 and average age of participants was 43.3 years. Twenty-four articles were experimental or observational along with expert opinions in six publications which were therefore given a low quality of evidence. Device assessments fell into three categories with surveys being the most common in 12 of the 24 relevant articles; other assessments included laboratory and clinical functional assessments and ability to use ADLs. Eleven empirical evidence statements (EES) were created based on the following areas of interest: functionality, control and feedback, cosmesis and psychosocial issues, and rejection. The EES were then divided into the following five categories: activity/sport specific, body-powered, control, myoelectric, and rejection rates. The authors found conflicting information in terms of the relative functional performance of BP and MYO prostheses. BP prostheses have advantages in training time, durability, and frequency in adjustments, measurements and feedback. MYO prostheses have been shown to provide a cosmetic advantage, are more accepted for light-intensity work, and may have a positive effect on the patient's phantom limb pain. Study limitations included low number of controlled experiments and high number of observational studies.

Myoelectric Hand, Partial-Hand, or Artificial Digits

Widehammar et al. (2022) published the results of a single case study evaluating the effect of multi-grip myoelectric prosthetic hands on performance of daily activities, pain-related disability and prosthesis use, in comparison with single-grip myoelectric prosthetic hands. Nine adults with upper-limb loss participated in the study and all had previous experience of single-grip myoelectric prostheses and were prescribed a prosthesis with multi-grip functions. Both a single-baseline (for ACMC and SHAP

data) and a multiple baseline single-case AB design was used. At 6 months' follow-up self-perceived performance and satisfaction scores had increased, prosthesis wearing time had increased, and pain-related disability had reduced in participants with musculoskeletal pain at baseline. The authors concluded that the multi-grip myoelectric prosthetic hand has favorable effects on performance of, and satisfaction with, individually chosen activities, prostheses use and pain-related disability. A durable single-grip myoelectric prosthetic hand may still be needed for heavier physical activities. With structured training, a standard 2-site electrode control system can be used to operate a multi-grip myoelectric prosthetic hand. However, the authors summarized that there may be a mismatch between the patients' wish for better prosthetic devices and their actual use of the new devices. Current knowledge is inconclusive and further studies are needed to support rehabilitation clinicians in their prescription decisions.

A health technology assessment by Hayes (2021) found a very low-quality body of evidence that suggests the LUKE arm (referred to as the DEKA arm in many studies) appears to be safe and may allow some patients to perform certain ADLs, but not all. Some ADLs were more manageable with the patient's existing prosthesis; however, the limited evidence suggests inconsistent improvement on functional measures when compared to their existing prosthesis. Future studies which include larger sample sizes and long-term follow-up are needed to further compare the safety and efficacy of this device.

Wanamaker et al. (2019) reported the results of a cross-sectional study evaluating upper limb function and kinematics in 10 males with partial-hand amputations fitted with a partial-hand prosthesis. Three-dimensional kinematics were compiled as they performed the Southampton Hand Assessment Procedure (SHAP) with and without a prosthesis. Without a prosthesis, larger joint movements were noted. There was significant improvement for the individuals with a five-digit limb loss using a prosthesis seen in the SHAP scores in comparison with those not using a prosthesis ($p < 0.05$ for 6 of 7 SHAP score categories). The authors concluded the prosthesis reduced functional deficits and decreased joint range of motion in individuals with partial hand loss which may reduce the overuse injury risk.

Validated performance-based outcome measures for upper limb (UL) prosthesis users are sparse and may not adequately address all necessary aspects of functional restoration. Wang et al. (2018) evaluated and compared the following characteristics of performance-based outcome measures for UL function: (1) location of task performance around the body, (2) possible grips employed, (3) bilateral versus unilateral task participation, and (4) details of the scoring mechanisms, including subjectivity, assessment of sensation, and assessment of quality of motion (QoM). A literature search was conducted using the EMBASE, Medline, and Cumulative Index to Nursing and Allied Health electronic databases from 1970 to June 2015 to identify relevant clinical studies that used UL performance-based outcome measures as functional endpoints; a final list of 7 articles was found. Inclusion criteria included one or more outcome measures that were developed for amputees or individuals with neurologic/musculoskeletal impairments or disabilities of the UL, were intended to measure the functional restoration/improvements through a series of activities or tasks and were intended for use in the adult population. For each identified outcome measured, specific characteristics were obtained: areas around the body in which tasks are performed; the types of grips that a user could possibly employ; bilateral versus unilateral task participation; and the subjectivity and details of the scoring mechanisms, with a particular focus on the assessment of sensation and quality of motion (QoM) (QoM was defined as any consideration of how a movement was performed). The authors suggested utilization or modification of existing measures designed for other clinical populations as first steps to more aptly measure prosthesis use while more complete assessments for UL prosthesis users are developed.

Resnik et al. (2018) conducted a two-part study on the Gen 3 DEKA arm when compared to conventional prosthesis. Part A consisted of laboratory training and part B addressed home training; 23 participants completed part A and then a subset (15) went on to complete part B. Participants in part A were at least 18 years old and had an upper limb amputation at the transradial, transhumeral, shoulder disarticulation or scapulothoracic level; participants were eligible for part B of the study if they had at least fair functional use of the DEKA Arm. The device includes 3 available configurations: radial configuration (RC) for persons with radial amputation; humeral configuration (HC) for persons with humeral amputation; and shoulder configuration (SC) for persons with shoulder disarticulation, forequarter amputation or very short transhumeral amputation. Unique features of all configuration levels are the powered wrist which allows flexion and extension and six programmable hand grip patterns. Performance based measures included a dexterity measure, the Jebsen-Taylor Hand Function Test (JTHFT), and measures of activity performance [Activities Measure for Upper Limb Amputees (AM-ULA); University of New Brunswick Test of Prosthetic Function for Unilateral Amputees (UNB); Timed Measure of Activity Performance (T-MAP), and Brief Activity Measure for Upper Limb Amputees (BAM-ULA)]. Each of the performance measures assess performance of daily activities but differ significantly in the scoring criteria and item content. For example, the T-MAP assesses the time it takes to perform an activity, while the AM-ULA assesses body compensation during activity performance. A variety of self-reported measures were

completed as well. Upon completion of the data analysis for both performance and self-reported measures, the authors found at the end of part A participants using the DEKA arm had less perceived disability and more engagement in everyday tasks, but their activity performance was slower. However following completion of part B, participants perceived disability was lower, prosthesis engagement higher, activity performance was improved, and activity speed was equivalent to using a conventional prosthesis. It was also noted that the authors found no differences between the DEKA Arm and conventional prostheses in evaluation of dexterity, prosthetic skill, spontaneity, community integration or quality of life. Limitations included small sample size and participant experience with previous generations of DEKA.

Earley et al. (2016) developed a training protocol and a classifier that switches between long and short EMG analysis window lengths. A study involving 17 non-amputee and 2 partial-hand amputee subjects participated to determine the effects of including electromyogram (EMG) from different arm and hand locations during static and/or dynamic wrist motion. Several real-time classification techniques were evaluated to determine which control scheme yielded the highest performance in virtual real-time tasks using a three-way analysis of variance (ANOVA). The outcome identified significant interaction between analysis window length and the number of grasps available. Including static and dynamic wrist motion and intrinsic hand muscle EMG with extrinsic muscle EMG significantly reduced pattern recognition classification error by 35%. Classification delay or majority voting techniques significantly improved real-time task completion rates (17%), selection (23%), and completion (11%) times, and selection attempts (15%) for non-amputee subjects, and the dual window classifier significantly reduced the time (8%) and average number of attempts required to complete grasp selections (14%) made in various wrist positions. Amputee subjects demonstrated improved task timeout rates, and made fewer grasp selection attempts, with classification delay or majority voting techniques. The authors concluded that the proposed techniques show promise for improving control of partial-hand prostheses and more effectively restoring function to individuals using these devices.

Due to few measures developed for or validated with adults, and limited research to guide, Resnik et al. (2013) found it is a challenge to collect or analyze data outcomes for persons with upper limb amputation. The authors identify a need for new function tests for adult amputees, as well as new measures for use with higher-level amputees, bilateral amputees, and body-powered users. 52 patients with upper limb amputation were evaluated. A set of activities from the Atkins activities of daily living checklist were identified and a simple grading scale was used. Therapists were oriented to the measures and asked each patient some basic instructions with their prosthetic limb and then their sound limb. Videotaping of sessions occurred and then adjustments for scoring were made. Final scoring criteria was comprised of the following: “(1) extent of completion of all activity subtasks; (2) speed of completion; (3) movement quality; (4) skillfulness of prosthetic use and control over voluntary grip functions; and (5) independence.” The authors developed and refined a new performance-based activity identified as Activities Measure for Upper Limb Amputees (AM-ULA) and demonstrated that the measure has acceptable reliability, consistency and known group validity.

Egermann et al. (2009) conducted a retrospective study on forty-one children (< six years of age) to evaluate the acceptance of myoelectric prostheses in preschool children. All patients suffered from a unilateral congenital upper limb deficiency or traumatic upper limb amputation; patients with bilateral amputations were excluded. Most of the children in the study received a passive device at the age of approximately one year. For the patient to be fitted with a myoelectric prosthesis, the following inclusion criteria needed to be met: 1) communicates well and follows instructions from strangers, 2) bi-manual handling and proactive interest in an artificial limb, and 3) family support for the child in using the myoelectric device. The myoelectric prosthesis was identical for all patients. A socket was manufactured using the “Muenster” technique and a single electrode which controlled the opening of the hand while closing automatically was placed. The “Elektrohand 2000” from Germany was used and powered by a six-volt rechargeable battery. Specialized occupational therapists made the initial introduction of the device to the children; structured training at the hospital occurred over one to two weeks by an interdisciplinary team. Families were asked to complete a specific questionnaire which included items such as information about internal/external occupational training, skin irritations at the stump, and activities of daily life. Successful use of the device was defined by daily wearing it for more than two hours per day. Over an observation period of two years, 76% of the study group was successful with the device. The actual mean time of daily use was 5.8 ± 4.1 hours/day. The authors found children between two and four years of age ($n = 23$) showed a higher average time of daily use when compared to the older subgroup of patients in the four to six years of age ($n = 18$); in addition, they also found above elbow amputees wore the device more often than children with below elbow amputations. It was concluded under the right conditions the application of a myoelectric hand prosthesis in a young child can be very successful; family involvement was a major key factor in the child’s success. Limitations of the study included the small number of participants, weight of the prosthesis and low battery life span.

Crandall and Tomhave (2002) retrospectively evaluated 34 pediatric patients for long-term follow-up on a variety of prosthetic options given for below-elbow amputees. The patients were provided with a variety of prosthetic options, including a “passive” cosmetic upper extremity device. Most of the patients were fitted with conventional prostheses using a body-powered voluntary closing terminal device (97%) as well as myoelectric prostheses (82%). The average follow-up was 14 years, with many of the patients being followed up throughout their entire childhood. All patients were sent questionnaires, and patient interviews and chart review were completed. Final analysis indicated that 15 patients (44%) selected a simple cosmetic “passive hand” as their prosthesis of choice. In long-term follow-up 14 patients (41%) continued as multiple prosthetic users. Fourteen patients (41%) selected the conventional prosthesis using a voluntary closing terminal device as the prosthesis of choice. Only five patients (15%) selected the myoelectric device as their primary prosthesis. The authors concluded that successful unilateral pediatric amputees choose multiple prostheses based on function and that often the most functional prosthesis selected in the long-term was the simplest one in design. The authors felt strongly that unilateral pediatric amputees be offered a variety of prosthetic options to help with normal ADLs. Limitations included small sample size and focus on pediatric population.

Bergman et al. (1992) compared an adaptive myoelectric prosthetic hand to a conventional myoelectric hand. The comparison involved eight individuals with traumatic unilateral upper limb amputations who were currently using conventional myoelectrical prosthetic hands. These individuals were fitted with a commercially available myoelectric prosthetic hand with an adaptive grip. Comparisons were made regarding width of grip, force of grip, scores in a standardized grip function test and prosthesis preference. The conventional prosthesis showed significantly better results regarding these parameters. The adaptive hand does not appear to be fully developed for practical use in prosthetic rehabilitation. The authors concluded that the particular type of adaptive hand did not appear to increase the functional benefit compared to a conventional myoelectric prosthesis. It could not be verified that an adaptive prosthetic hand would be the best technical solution. If a prosthetic system is to be clinically useful, it must provide good grip function and still be simple and reliable enough to use without the facilities of a development laboratory. In order to achieve this balance, a close contact between technical development and clinical rehabilitation may be one of the most important factors.

Millstein et al. (1986) retrospectively reviewed adult upper limb amputees for use of body and electrically powered prostheses. 314 patients were evaluated; there were 45 wrist disarticulations, 175 below-elbow amputations, 3 elbow disarticulations, 71 above-elbow amputations, 15 shoulder disarticulations and 5 forequarter amputations. Ages of the participants ranged from 14 to 68 years with the average age being 49 years; there were 302 males and 12 females. Evaluation included the completion of a standard questionnaire which examined the use of various types of prostheses while performing activities of daily living, work and recreation. Questions included the amount of time the prosthesis was actually worn, its use and reliability in addition to any problems the amputee may have encountered. 85% of the patients had a cable operated prosthesis with hook(s), 55% a cable operated hand, 10% a cosmetic prosthesis and 25% an electrically powered prosthesis. The authors found that 83% of the amputees had complete or useful acceptance of an electrically powered prosthesis; 68% used the cable operated hook, 20% used the cable operated hand and 48% used the cosmetic prosthesis. The results indicated that the most preferred prosthesis was the electrically powered prosthesis; the cable operated hook came in second followed by the cosmetic and cable operated hand.

Clinical Practice Guidelines

Department of Veterans Affairs(VA)/Department of Defense (DoD)

In a 2014 Clinical Practice Guideline for rehabilitation of individuals with lower limb amputation, the following is recommended:

- Pre-Prosthetic Training Recommendation:
 - The care team should ensure that patients undergo pre-prosthetic training to help determine the most appropriate type of device to achieve functional goals. [Expert Opinion]
 - Though it is currently impossible to replace all of the lost functions of any part of the upper limb that has been amputated, it is possible for a patient to potentially restore a significant amount of function when prescribed an appropriate prosthesis. A patient’s potential restored function depends on several factors including:
 - Adequate physical condition to wear and operate a prosthesis including
 - Goals/motivations and willingness to move forward with prosthetic training
 - Living conditions/social support
 - Cognitive status and the ability to understand and apply knowledge to the fitting and use of a prosthesis
 - Access to appropriate healthcare (with an experienced prosthetic team)
 - Importance of cosmetic appearance and self-image
 - Functional requirements

- Vocational requirements
- Financial coverage
- A comprehensive assessment should be conducted by the care team to determine the most appropriate types of prostheses to prescribe along with educating the patient and/or caregiver(s) on the various types of available prostheses.
- Prosthesis Prescription:
 - Once the appropriate type of prosthesis is identified, the care team should write a prescription for the device, including all necessary components. [Expert Opinion]
 - Prescriptions for upper extremity prostheses should be based on a collaborative decision between the patient and the care team. After the care team has conducted a pre-prosthetic assessment and all appropriate prosthetic options have been discussed with the patient, family and/or caregiver, a prescription for the appropriate upper limb prosthesis and pre-prosthetic training is written by the primary physician of the care team. A comprehensive prescription for an upper extremity prosthesis should include:
 - Design (e.g., preparatory vs. definitive)
 - Control strategy (e.g., passive, externally powered, body powered, task specific)
 - The anatomical side and amputation level of the prosthesis
 - Type of socket interface (e.g., soft insert, elastomer liner, flexible thermoplastic)
 - Type of socket frame (e.g., thermoplastic or laminated)
 - Suspension mechanism (e.g., harness, suction, anatomical)
 - Terminal device (TD) VA/DoD Evidence-Based Clinical Practice Guideline for the Management of Upper Extremity Amputation Rehabilitation Page 64 of 149
 - Wrist unit (if applicable)
 - Elbow unit (if applicable)
 - Shoulder unit (if applicable)

U.S. Food and Drug Administration (FDA)

This section is to be used for informational purposes only. FDA approval alone is not a basis for coverage.

Prostheses are class I devices exempt from U.S. Food and Drug Administration (FDA) review. For additional information, use product codes: GXY, IQZ.

In 2014, the DEKA Arm System was cleared for marketing by FDA through the de novo 513(f)(2) classification process which is a low- to moderate-risk medical device. Refer to the following website for additional information:

<https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfpmn/denovo.cfm?id=DEN120016>

https://www.accessdata.fda.gov/cdrh_docs/reviews/DEN120016.pdf

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Policy History/Revision Information

Date	Summary of Changes
10/01/2023	<p>Application</p> <p>Individual Exchange Plans</p> <ul style="list-style-type: none"> Removed language indicating this Medical Policy does not apply to Individual Exchange benefit plans in the states of Massachusetts, Nevada, and New York <p>Supporting Information</p> <ul style="list-style-type: none"> Archived previous policy version 2023T0641A

Instructions for Use

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this policy, please check the member specific benefit plan document and any applicable federal or state mandates. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

This Medical Policy may also be applied to Medicare Advantage plans in certain instances. In the absence of a Medicare National Coverage Determination (NCD), Local Coverage Determination (LCD), or other Medicare coverage guidance, CMS allows a Medicare Advantage Organization (MAO) to create its own coverage determinations, using objective evidence-based rationale relying on authoritative evidence ([Medicare IOM Pub. No. 100-16, Ch. 4, §90.5](#)).

UnitedHealthcare may also use tools developed by third parties, such as the InterQual[®] criteria, to assist us in administering health benefits. UnitedHealthcare Medical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.